



***Grade 7 and 8 Field Trip to Camp Pringle
8:30am to 5:00pm, Friday, May 13th, 2022***

Monday, April 25th, 2022

Dear Parents and/or Guardians:

The students have been working so hard this year and they are all really looking forward to a music retreat day at Camp Pringle!

What is the purpose of this trip?

This is an opportunity for the students to get to know each other better, to improve their musicianship by working with great musicians, to celebrate a year of hard work, to make friends and have fun!

What will the day look like?

The final itinerary will be communicated to families before the trip, but in the meantime, here are some main events:

8:30am	Students arrive at Rockheights and proceed to the large music room for roll-call, final announcements and then we'll board the school bus.
10:00am	Arrive at Camp Pringle. The morning's activities will include workshops for band, strings, and vocalists, and team-building activities.
12:00pm	Students will have a hot catered lunch in the dining hall.
12:45pm	The afternoon activities will include wall climbing, a low-ropes course, and archery and more team-building activities and games.
4:00pm	We will have a final session in the dining hall before departing Camp Pringle for home.
5:00pm	Arrive at Rockheights.

Where Is Camp Pringle?

Camp Pringle is at 2520 West Shawnigan Lake Rd., about 42kms from Rockheights Middle School on the shore of Shawnigan Lake.

Who is going on this trip?

There are 36 students in grade 7 and 8 who are in band, strings and choir classes, who are invited and eligible to attend. Mr. Matt Roy and Ms. McDonell will be the staff chaperones, and two parent chaperones (TBA) will also join us. All field trips are optional to attend, but we strongly encourage everyone who can attend to please come!



Rockheights MIDDLE SCHOOL music

1250 Highrock Ave. Esquimalt, BC V9A 4V7 Ph: (250) 384-7124 www.rockheightsmusic.com

What are the risks involved in this trip?

As with any field trip, there are risks involved. For this trip, the most risky activities are riding in the school bus, and participating in the outdoor activities (archery, ropes course and wall climbing). The school bus is a chartered yellow school bus operated by a professional driver from Wilson's Transportation. The outdoor activities will be led by trained staff from Camp Pringle with Mr. Roy and Ms. McDonell present. Students can opt out and watch if they are not comfortable participating. Shawnigan Lake will be cold at that time of year and we will not have easy access to change-room facilities. We will not be swimming or near the waterfront at all on this trip.

What are the contingency plans in case there is an emergency, or the weather turns bad?

In the event that a student becomes sick or injured, we will administer First Aid on site, or if necessary, a parent chaperone will take them in their vehicle to a medical professional. We plan to be outside in rain or shine, but in the event that the weather seriously prohibits us from doing outdoor activities, we will use the large indoor spaces to run games and other activities. Students must dress appropriately.

How much will this trip cost?

Because we have not travelled for two school years, and we sold pizza in the 2018 2019 and in the 2021 2022 school years, we are able to subsidize this trip considerably, but not entirely. **The cost to participate is \$30**, which includes all the outdoor activities, music workshops, transportation, a hot catered lunch and supervision. This trip is extra-curricular and optional to attend. Participating will not impact students marks in any band, strings or choir class.

How do I pay and when is it due?

Please pay either by using **School Cash Online (preferable)**, or by writing a **cheque payable to "Rockheights Middle School."** Please **write your child's name and "Camp Pringle"** on the memo line. **Payment for this trip is due by Friday, April 29th.** Please do not send cash to school with your child.

What other forms are required?

Please sign the **School District 61 Certificate of Parental Authority for Special Journeys** and **Code of Conduct** forms attached and return them to Rockheights. An email response will not suffice as permission – the forms must be signed. If your child is NOT participating in this trip, please let me know by email at rmcdonell@sd61.bc.ca so that your decision will be counted.

If you have any questions or concerns, please reach out. Information about this and all Rockheights Music events can be found at www.rockheightsmusic.com. Thank you for supporting your child's music education!

Sincerely, 
Risa McDonell, Music Teacher, Rockheights Middle School

CODE OF CONDUCT

Trip Music 7/8 Retreat to Camp Pringle

Date Fri. May 13, 2022

The following rules of conduct shall apply to all:

1. Act as good ambassadors, hence following Rules of Conduct
2. When not with the group, each student must be in the company of at least two other students
3. Students are expected to observe any curfew initiated during the trip
4. Intoxicants in any form are not permitted at any time
5. Host families will be notified of any change of schedules
6. Courtesy and respect will be afforded all persons encountered on trip including hosts and supervisors
7. Any student who feels ill or encounters any problems must inform one of the chaperones immediately
8. Any pre-existing medical conditions must be reported to the supervisor or one of the chaperones prior to trip departure
9. Any accommodations used during the trip are to be kept clean and free from damage
10. Students will not go into sleeping quarters that they are not assigned to without the specific approval of the supervising teacher.

We, the undersigned, understand that our child/student under my care, _____ *
is subject to the above mentioned regulations governing the field trip and that any violation of the regulations will result
in some form of disciplinary action upon return to School District #61.

Dated at Victoria, on this _____ day of _____ *

Understood and agreed to by _____ *
Signature of Parent/Guardian

Signature of Student *

SCHOOL DISTRICT NO. 61 (GREATER VICTORIA)
CERTIFICATE OF PARENTAL AUTHORITY
FOR SPECIAL SCHOOL JOURNEYS

Camp Pringle

2520 W. Shawnigan Lake Rd.

Friday, May 13, 2022

DESTINATION OF JOURNEY

DATE(S) OF JOURNEY

Rockheights Middle School

Risa McDonell

NAME OF SCHOOL

NAME OF TEACHER IN CHARGE

A special school journey is planned for the date(s) specified above. Although the journey will be supervised, the individual discretion of the student will be relied upon to a certain extent to maintain discipline and safety.

Details regarding the planned journey are attached to this form.

I give permission for my child/
student under my care, to participate in
the special school journey identified above.

* _____
NAME OF STUDENT

* _____
SIGNATURE OF PARENT OR GUARDIAN

* Home Phone _____

* Bus. Phone _____

Please provide the names of two people who may be contacted in the absence of the student's parents/guardians.

NAME OF ALTERNATE

ADDRESS

TELEPHONE

* _____

* _____

* _____

* _____

Permission and Acknowledgement of Risks and Agreement to Hold Harmless:

School: Rockheights Middle Camp Dates: May 13, 2022

To be completed by a Parent/Guardian on behalf of the Student(s). For the purposes of this document, the names **The George Pringle Memorial Camp Society, The George Pringle Memorial Camp, Camp Pringle and The Camp** will be understood to include the staff, volunteers, board members, trustees and anyone else directly associated with The George Pringle Memorial Camp Society.

* I, _____ (the parent/guardian) of _____ (student's name(s)), recognize that my child/dependent will be involved in adventure-based activities as well as general camp activities at Camp Pringle. Activities involved in this program may include hiking, orienteering, canoeing, sailing, windsurfing, tubing, cycling, arts and crafts, swimming, outdoor cooking, nature study, dances, high & low ropes team initiative challenges, archery, rock climbing wall, slip n' slide, sports and games, as well as other various leadership activities and team-building challenges.

I understand that outdoor, camp and adventure-based activities present to the participant a wide variety of risks, hazards and conditions, not all of them easily foreseeable, which could result in any type of physical or emotional injury. These conditions may include, but are not limited to uneven terrain, changeable weather conditions, animal and plant life, and the use of assorted vehicles, gear and equipment including various types of safety gear. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity and camping experience.

I expressly agree and promise to accept and assume all of the risks existing in this activity that are in my control. My child/dependent does not have to participate in the challenge adventure-based activities if they do not feel comfortable or confident doing so. I certify that my child/dependent, my family or I have no medical or physical condition(s), which could interfere with my child/dependent's safety, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition(s).

I understand the Camp Pringle will approach this camp with both care and planning. While the camp is underway, they will endeavor to instruct, protect and care for the well-being of my child/dependent as would I in their place, including making decisions regarding their medical care. I also understand that following all camp activities, they will continue to maintain professional standards of behavior regarding my child/dependent. I give permission for Camp Pringle to use the information I provide to ensure a safe and positive camping experience for my child/dependent.

I understand that my child/dependent will be expected to uphold the standards of behaviour expected from Camp Pringle. They will be expected to listen to, and honour, any request, suggestion, advice or rule given by the staff, employees of Camp Pringle and other supervising adults at the camp, with the understanding that this is in the best interest of all participants. They will be expected to act with responsibility and care for themselves and for others at the camp. I understand and accept that behavior by my child/dependent that is harmful or detrimental to others may result in dismissal from camp.

I am aware that there are risks involved in this program and have decided that I am prepared to allow my child/dependent to participate in all program activities. I am content to allow them to proceed at the camp as they wish.

I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless the United Church of Canada, the George Pringle Memorial Camp Society (Camp Pringle) trustees, Board and Society members, Camp Pringle staff and volunteers from any and all claims, demands, or causes of action, which are in any way connected with my child/dependent's participation in this camping program or use of Camp Pringle's equipment or facilities, except to the extent that such loss arises from the gross negligence of Camp Pringle.

I understand and accept that Camp Pringle is not responsible for lost, damaged or stolen property brought to camp by my child or myself.

I understand and accept that my child/dependent may be photographed at Camp and I give permission for these photographs to be used in future Camp publications, including brochures or the camp's web/social media sites. (If you have questions or concerns please contact the Camp Director).

I have read this agreement at my leisure and have understood its nature and its contents. Please allow my child/dependent to participate in this adventure-based program at Camp Pringle.

Additional Indemnification to be completed by a parent/guardian for participants under the age of 19 - In consideration of the above-named student(s) being permitted by Camp Pringle to participate in its activities and to use their equipment and facilities, I further agree to indemnify and hold harmless Camp Pringle and the United Church of Canada from any and all claims, which are brought by, or on behalf of my child/dependent and which are in any way connected with such use or participation by my child/dependent except to the extent that such loss arises from the gross negligence of Camp Pringle.

Date: ___/___/___ *

Parent/Guardian Signature: _____ *

Printed Name: _____ *